

# Our Approach The Harmonization of Body, Heart, and Soul

Well-being is an inner journey. More than just a place of relaxation, it is a unique sensory experience where each moment offers an opportunity for deep self-connection.

Ocea invites you to listen, feel, and live simply through a moment of reconnection. Each treatment and massage is unique, making every moment count.

Our holistic treatments transform and balance your being, providing profound relaxation for beauty both inside and out.

### My Face My Mirror

Discover Our Ocea Mind Face Rituals A synergy of balms, essential oils, cupping, hot and cold stones, and oshi boris, combined with ancient healing techniques for total relaxation. Our rituals infuse positive emotions to soothe your mind.

#### Delicate

Soothing and calming, suitable for irritated or inflamed skin.

#### Pure

A true breath of fresh air for your skin.

#### **Timeless**

A comprehensive anti-aging treatment that visibly reduces wrinkles and fine lines, tones, smooths, and firms the skin



## My Face My Mirror

#### Glow

A deep radiance treatment that energizes, illuminates, and perfects the complexion.

#### **Brighten**

A skincare solution, helping to decrease unwanted pigment & reveal a brighter and more radiant complexion

#### **Age Summum**

Experience an immediate lifting effect with this treatment which combines The Ocea Galva technique and a japanese lifting massage together with a antiageing face treatment to reverse signs of age



## Tailor-made hapiness

For Ages 3 to 16 Ocea invites your children to explore well-being, self-esteem, and personal care. Our offerings help them learn to love themselves and nurture both their bodies and minds.

#### My First Magical Treatment by TOO FRUIT

A facial treatment designed and conceived by Ocea. This 30-minute treatment includes a gentle and soothing skin cleanse, the application of a hydrating mask, a massage, and is finished with a moisturizing cream.

#### My First Manicure

Treat your little princess to her first beauty experience with nail filing, a gentle hand massage, and a lovely application of polish by TOO FRUIT.



**TOOFRUIT** 



## Tailor-made hapiness

#### My First Massage

This gentle, relaxing massage, scented with organic coconut oil, promotes relaxation, rest, and self- confidence while respecting the child's privacy.

#### My First Relaxation Day

How about giving your child a deep moment of well-being?

A gentle, scented massage to relax your child and help them become aware of their body, followed by a facial treatment by TOO FRUITS designed for sensitive skin.



**TOOFRUIT** 



## Our Holistic Mind Body Experiences

A combination of manual therapies that relax the body, ease the mind, and restore a sense of harmony and well-being.

Discover the Essence of Our Ocea Mind Body Rituals
A one-of-a-kind experience combining refined balms, essential
and plant-based oils, candles, herbal and spice pouches, hot and
precious stones, and oshi boris with traditional massage
techniques for deep relaxation.

## Experience Massages

#### **Escape - Cocooning 75-90min**

A unique, balanced massage featuring soothing techniques for ultimate relaxation.

#### Deep Aroma - Muscle Relaxation 75-90min

Release muscle tension with a deeply relaxing massage, using carefully selected oils known for their calming effects.

#### Regenerating Relaxing Drainage 75-90min

Detoxify and relax your body and mind with a purifying massage that clears toxins, and stimulates circulation.

#### The Genie - Cellulite Be Gone

Experience a 75-minute massage using cupping techniques to drain and break down fat deposits. Ocea Galva Sculpt firms the skin affected by cellulite and visibly refines contours for smoother, more radiant skin.

This anti-cellulite treatment is available as a single session or as a 10-session course to fully reap its benefits.

## Experience Holistic Massages

#### Balance - Shiatsu 75-90 min

A traditional Japanese floor massage that harmonises energy through precise pressure on acupuncture points for deep relaxation and well-being.

#### **Escape - Cranial 30min**

A unique massage with balancing benefits, combining deep, energising, detoxifying, and soothing techniques for a complete sense of well-being.

#### **Spirit Energy 45min**

Reiki, through gentle hand placement, balances energies and promotes deep relaxation for the body, mind, and emotions.

#### **Harmonic - Holistic Extremities 75-90min**

A harmonious blend of foot reflexology, hand and face massage, and gentle stretching for comprehensive relaxation and balance.

## Body & Face Holistic Massages

#### Kobido 75min

Looking to rejuvenate your facial features? Discover Kobido! Based on traditional Japanese facial massage, our treatment is tailored to meet your needs. The session includes lymphatic drainage to detoxify and brighten the complexion, activetechniques to stimulate facial muscles, and acupressure on meridians to uplift your energy.

#### Ocea - Aromatic Signature Massage 90min

This signature massage, featuring relaxing oils and a facial mask, uses smooth, flowing movements to melt away tension and provide enveloping relaxation.

Ocea Galva We use the world's leading beauty technology, known for its impressive, visible results. Whether you seek to enhance your skin with anti-cellulite or firming treatments, boost collagen production, minimise signs of ageing, or achieve a vibrant complexion (face), OG has the right solution for you.

#### **Our Products:**

Matis Paris
Derma-TX
Too Fruits
Bella Bacci

Ocea Wellness Beauty Massage
Coastal road - Grand Baie
Opposite Pharmacy Ducasse
59 16 03 67
https://g.co/kgs/49z1jsn

## Prices (for massages depending on duration)

Experience massage	75min	MUR 1700
Experience massage	90min	MUR 2100
*Experience tailored massage	30min	MUR 900
*Experience tailored massage *reflexology, cranial etc.	45min	MUR 1100
The Génie - Cellulite be gone 10 sessions @ MUR 10,500	60min	MUR 1500

Individual Package 4 massages 90min @ MUR 7000 Family Package 10 massages 75min @ MUR 13500

#### My Face My Mirror MATIS Paris

Mind face treatments	60min	MUR 3000
Mind face rituals Instant	90min	MUR 3700
Lift & Ocea Galva	2hr	MUR 4000
Lift & Ocea Galva	60min	MUR 3500

#### **TooFruit**

My first massage	30min	MUR 800
My first magical treatment	30min	MUR 1300
My first manicure	30min	MUR 400
My first relaxation day	1hr	MUR 1500
Duo Parent/child	60min	MUR 3900

## Nails and Beauty Lola Lee & Beauty Nails

Classic pampered pedicure	800
Pampered Pedicure & nail polish	900
Pampered Pedicure & french polish	1000
Pampered Pedicure with gel	1100
Pampered Pedicure & french gel	1200
Gel only	700
Classic pampered manicure	600
Pampered manicure & nail polish	800
Pampered manicure & french polish	900
Pampered manicure with gel	1000
Pampered manicure & french gel	1200
Gel only	700
Add on & other services	25 - 150

#### Waxing Perron Rigot Paris

Underarms	MUR 380
Half legs	MUR 700
Full Legs	MUR 1000
Bikini	MUR 500